

## Welcoming and Age Friendly Groups project

# Engagement survey

[This template has been developed for you to copy and paste into your own Microsoft Word template as required. While all parts of this template can be modified to suit your needs, items in red have been highlighted to show where you might delete or amend text.]

Name:

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Date:

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Address:

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Phone number:

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Email address:

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Do you live alone?

How many years have you lived in this local area?

- Less than one year
- One to five years
- Six to 10 years
- 11 to 20 years
- 21 to 30 years
- 31 to 40 years
- 40+ years

How attached are you to this area?

- Very attached
- Attached
- Neither attached nor detached
- Detached
- Very detached

How strongly do you feel a part of the local community?

- Very strongly
- Strongly
- Feel somewhat part of the community
- Have no attachment to the community

Do you have people in your life you consider to be friends (not including relatives)?

- Yes
- No

Excluding friends who live with you, how often do you have contact with a friend or your friends?

- Every day
- A few times a week
- Once a week
- Once or twice a month
- Every two to three months
- Every four to five months
- Once or twice a year
- Less than once a year

By what means do you keep in contact with your friends? (Multiple responses possible)

- See them
- Speak on phone
- Skype
- Write
- Email
- Text on phone (SMS)
- Facebook

How many of your friends would you say you currently have a close relationship with? Please write number:

How often do you chat with your neighbours?

- On most days
- Once or twice a week
- Once or twice a month
- Once every two to three months
- Occasionally
- Rarely
- Never

Over the last 12 months, have you been actively involved in any community groups or taken part in an activity they have organised?

- Yes
- No

Has your level of participation in community groups changed over the last 12 months?

- Participation has increased
- Participation has decreased
- Participation has remained about the same

If participation has increased/declined:

Why has your participation changed over the last 12 months?

What are the reasons you have not been actively involved in any community groups in the last 12 months?

(More than one response possible)

- No transport
- Financial reasons
- No one to go with
- No groups in the local area that I know of
- Full time carer
- Partner does not approve
- Not convenient
- Not interested
- No time
- Language is a barrier

- Health reasons
- Other (please specify)

If you ticked more than one reason above can you please answer the next question.

If you ticked more than one box in the previous question:

What is the main reason you have not been actively involved in any social groups or taken part in any activities they organised?

- No transport
- Financial reasons
- No one to go with
- No groups in the local area
- Full time carer
- Partner does not approve
- Not convenient
- Not interested
- No time
- Language is a barrier
- Health reasons
- Other (please specify)

What activities do you participate in, and how often?

<b>Activity</b>	<b>Once a week</b>	<b>Once a fortnight</b>	<b>Once a month</b>	<b>Every two to three months</b>	<b>Every four to five months</b>	<b>Once or twice a year</b>
Looking after grandchildren						
Going to doctor						
Visit library						
Go to church						
Travelling						
Exercise (walking, running, swimming)						
Walking the dog						
Play pokies						
Shopping (other than grocery shopping)						

Activity	Once a week	Once a fortnight	Once a month	Every two to three months	Every four to five months	Once or twice a year
Spectator at sports						
Eating out						
Attend theatre/cinema						
Attend community centre						
Attend fetes, shows, festivals						
Internet social activity						
Other (please specify)						

How satisfied do you feel with your level of community involvement and connectedness?

- Very satisfied
- Satisfied
- Neither satisfied or dissatisfied
- Dissatisfied
- Very dissatisfied

How satisfied do you feel with your level of involvement and contact with family and friends?

- Very satisfied
- Satisfied
- Neither satisfied or dissatisfied
- Dissatisfied
- Very dissatisfied

In general, would you say your health is excellent, very good, good, fair or poor?

- Excellent
- Very good
- Good
- Fair
- Poor

We would like to ask you about your quality of life. Here is a list of statements that people have used to describe their lives or how they feel. How often do you feel like this?

Sometimes = 1, not often = 2, never = 3, often = 4

Statement	Score
My age prevents me from doing the things I would like to do	
I feel that what happens to me is out of my control	
I feel free to plan the future	
I feel left out of things	
I can do the things I want to do	
Family responsibilities prevent me from doing what I want to do	
I feel that I can please myself what I do	
My health stops me from doing the things I want to	
Shortage of money stops me from doing the things I want to do	
I look forward to each day	
I feel that my life has meaning	
I enjoy the things I do	
I enjoy being in the company of others	
On balance, I look back on my life with a sense of happiness	
I feel full of energy these days	
I choose to do things that I have never done before	
I feel satisfied with the way my life has turned out	
I feel that life is full of opportunities	
I feel that the future looks good for me	

How do you like to spend your time?

What are your current interests?

Do you have any previous interests that you no longer pursue?

Do you enjoy socialising? Provide a score from 1 to 5.

How would you like to use your experience or interests to re-engage with the community?

Are there reasons out of your control that affect your ability to join in with community groups/clubs?

What are the reasons that you are not currently engaging with the community?

### Lubben social network scale

Please give a score for each question.

None = 0, one = 1, two = 2, three or four = 3, five to eight = 4, nine or more = 5

**Family** (considering the people to whom you are related by birth, marriage, adoption etc.)

How many relatives do you see or hear from at least once a month?

How many relatives do you feel at ease with that you can talk about private matters?

How many relatives do you feel close to such that you could call on them for help?

**Friendships** (considering all of your friends including those who live in your neighbourhood)

How many of your friends do you see or hear from at least once a month?

How many friends do you feel at ease with that you can talk about private matters?

How many friends do you feel close to such that you could call on them for help?

**[Delete this section when transferring to your own Microsoft Word template]**

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